

2009 Project AWARE Menu*

* Subject to change

** Vegetarian options are only available to those who indicate a vegetarian preference on their registration form

Saturday, June 20th

- **Dinner (Embassy Catering):** Grilled Chicken, Rib Tips and BBQ sauce, Baked Potato Bar, Garden Salad, Assorted Fruit Pies, Milk, Coffee, Lemonade and Ice Tea (**Vegetarian entrée: BBQ Tofu or Eggplant Parmigiano)

Sunday, June 21st

- **Breakfast (Embassy Catering):** Egg Sausage & Cheese Muffin Sandwich, Parmesan Hashbrowns, Bacon, Assorted Fruit Tray, Orange Juice, Apple Juice, Coffee, and Milk (**Vegetarian entrée: Egg Veggie & Cheese Muffin Sandwich)
- **Lunch (Embassy Catering):** Italian Sub Sandwich, Pasta Primavera Salad, Assorted Whole Fruit, Jumbo Cookies, and Pop or Juice (**Vegetarian entrée: Two Cheese Garden Sub Sandwich)
- **Dinner (Embassy Catering):** Teriyaki Chicken or Pork Skewers, Seven Layer Salad, Roasted Baby Red Potatoes, Chocolate Mousse, Milk, Coffee, Lemonade and Ice Tea (**Vegetarian entrée: Grilled Fruit and Vegetable Skewers)

Monday, June 22nd

- **Breakfast (Embassy Catering):** Biscuits with Sausage Gravy, O'Brien Potatoes, Cinnamon Rolls, Assorted Fruit Tray, Orange Juice, Apple Juice, Coffee, and Milk (**Vegetarian entrée: Biscuits with Vegetarian Gravy)
- **Lunch (Embassy Catering):** Grilled Chicken Wrap, Carrots and Celery with Dip, Assorted Whole Fruit, Brownie, and Pop or Juice (**Vegetarian entrée: Veggie Wrap)
- **Dinner (Embassy Catering):** Beef and Chicken Stir Fry, Steamed Rice, Egg Rolls, Peach Crisp, Milk, Coffee, Lemonade and Ice Tea (**Vegetarian entrée: Tofu and Vegetable Stir Fry)

Tuesday, June 23rd

- **Breakfast (Embassy Catering):** Ham & Cheese Egg Strata, Danish, Hot Cereal, Assorted Fruit Tray, Apple Juice, Orange Juice, Milk & Coffee (**Vegetarian entrée: Veggie & Cheese Egg Strata)
- **Lunch (Embassy Catering):** Turkey Club Sandwich, Chips, Grapes, Spice Bars and Pop or Juice (**Vegetarian entrée: Veggie Turkey Club Sandwich)
- **Dinner (Embassy Catering):** Meatloaf, Whipped Potatoes and Gravy, Seasoned Corn, Chocolate Cake, Milk, Coffee, Lemonade and Ice Tea (**Vegetarian entrée: Vegetarian Meatloaf)

Wednesday, June 24th

- **Breakfast (Embassy Catering):** Scrambled Egg Burritos, Fried Potatoes with Chorizo, Muffins, Assorted Fruit Tray, Apple Juice, Orange Juice, Coffee, and Milk
- **Lunch (Embassy Catering):** Southwestern Chicken Wrap, Nacho Chips with Guacamole, Fresh Fruit Cup, Fudge-nut Brownie and Pop or Juice (**Vegetarian entrée: Southwestern Veggie Chicken Wrap)
- **Dinner (Embassy Catering):** Hamburgers, Brats, BBQ Chicken, Potato Salad, Seven Layer Salad, Assorted Bars, Milk, Coffee, Lemonade and Ice Tea (**Vegetarian entrée: Veggie Burgers and Hotdogs)

Thursday, June 25th

- **Breakfast (Embassy Catering):** French Toast Sticks with Syrup, Sausage Links, Cinnamon Rolls, Assorted Fruit Tray, Apple Juice, Orange Juice, Coffee, and Milk (**Vegetarian side: Veggie Sausage Links)
- **Lunch (Embassy Catering):** Ham & Swiss on Rye, Mixed Veggies, Assorted Whole Fruit, Banana Bar and Pop or Juice (**Vegetarian entrée: Hummus, Cucumber and Tomato on Pita)
- **Dinner (Rendezvous Catering):** Taco Bar, Refried Beans, Spanish Rice, Root Beer Float Cookies, Milk, Iced Tea and Raspberry Lemonade (**Vegetarian entrée: Vegetarian Taco Bar)

Friday, June 26th

- **Breakfast (Rendezvous Catering):** Biscuits & Sausage Gravy, Hashbrowns, Cinnamon Crust Coffee Cake, Assorted Fruit Tray, Apple Juice, Orange Juice, Milk and Coffee (**Vegetarian entrée: Biscuits and Non-Meat Gravy)
- **Lunch (Rendezvous Catering):** California Turkey Sandwich, Carrots Celery & Cherry Tomatoes, Assorted Whole Fruit, Monster Cookies and Pop or Juice (**Vegetarian entrée: Veggie Tortilla Rolls)
- **Dinner (Rendezvous Catering):** Florentine Manicotti with Meat, Tossed Salad, Steamed Veggies, Brownies, Raspberry Iced Tea, Milk and Cantaloupe infused Lemonade (**Vegetarian entrée: Florentine Manicotti without Meat)

Saturday, June 27th

- **Breakfast (Rendezvous Catering):** Scrambled Eggs with Onions & Peppers, Hashbrowns, Blueberry Muffins, Assorted Fruit Tray, Coffee, Orange Juice and Milk
- **Lunch (Rendezvous Catering):** Chicken Fettuccine Alfredo, Garlic Bread, California Vegetable Medley, Marbled Strawberry Cake, Flavored Iced Tea, Milk and Lemonade (**Vegetarian entrée: Fettuccine Alfredo)